



*Legacy Foundation of Southeast Arizona*

Promoting Population Health and Community Wellness Throughout Southeast Arizona

*FY22 Annual Report*

## Our Priorities

Population Health and Community Wellness, in other words a healthy community, is a location where people have the opportunity to make healthy choices in environments that are safe, equitable, free from violence, and designed to promote health. The Legacy Foundation promotes healthy communities through its focus on four priorities:

### Philanthropy

Philanthropy involves giving initiatives for the public good and focus on quality of life. In fulfilling its work as a private foundation, the Legacy Foundation's giving initiatives include donations through our Grant Cycles.

- Strategic Grants: grants for specific initiatives the Legacy Foundation Board identifies. Strategic Assessment studies as well as information from existing public health data may be used to identify opportunities.
- Innovative Grants: grants to support innovative ideas that support the mission of Promoting Population Health and Community Wellness.
- Responsive Grants: grants in response to special requests or needs from the communities served.
- Emergent Grants: grants for assistance with urgent or immediate community needs.
- Fast Pitch Grants: grants for education and technology to strengthen an organization's ability to operate efficiently.

### Capacity Building

Community capacity building is the process of developing and strengthening the skills, instincts, abilities, processes and resources that organizations and communities need to survive, adapt, and thrive in the fast-changing world. In fulfilling its Mission, the Legacy Foundation plays a

significant role in supporting capacity building efforts. The Legacy Foundation offers grants designated to build organizational capacity through education and resource development. Additionally, the Legacy Foundation promotes capacity building by offering free monthly workshops and technical support for nonprofit organizations. Topics such as fundraising, board development, strategic planning, and media and marketing are examples of workshops offered.

### Collaboration

Community collaboration and organization development are fostered when passions are shared and organizations work together to improve communities. The Legacy Foundation supports community collaboration by partnering with and convening organizations to promote partnerships and synergies. The Legacy Foundation also encourages collaboration between organizations applying for grants.

### Innovation

Innovation is the use of new and better ideas and solutions to meet needs.

The Legacy Foundation fosters and contributes to change and new ideas by providing community leadership and supporting others to be innovative in fulfilling their organizational missions.

## Our Mission, Vision, and Shared Values

Our Mission: Promoting Population Health and Community Wellness throughout Southeast Arizona

Our Vision: Southeast Arizona... the Health and Wellness model for the nation

Our Shared Values:

Collaboration: We will partner with others to achieve our mission.

Innovation: We will foster and contribute to change and new ideas.

Integrity: We will be open and honest in our interactions.

Respect: We will treat everyone fairly and honor the dignity and worth of all individuals.

Stewardship: We will ensure responsible use of all assets entrusted to us.

Knowledge: We will foster opportunities to gather and share knowledge.

# From the desk of the CEO



Dear Friends,

As we come to the end of another year, we are seeing light at the end of the “COVID-19 tunnel”. Although we may never completely return to life before COVID-19, each day we see fewer restrictions and more comfortable interactions. Here at the Legacy Foundation, we have held more in person events, we have resumed our Olson Outreach Center education and networking sessions and we are back on track with site visits to our not-for-profit partners.

I am very proud of the Legacy Foundation staff and Board and how they have responded to the pandemic and focused resources on those most in need: including those individuals with needs for Behavioral Health Services.

For some time, a major focus for the Legacy Foundation, deepened by the impact of COVID-19, has been how to tackle the mental health and substance abuse challenges in our communities. To that end, this year the Legacy Foundation Board awarded Strategic Grants to organizations with strategies to improve Behavioral Health Services.

Grants and other donations are the anchor of the Legacy Foundation and since inception we have gifted and awarded more than \$20 million to the communities we serve. Please read about the Behavioral Services Grants and the other grants and sponsorships the Legacy Foundation has recently awarded.

Through ongoing expansion of our Mission and purpose, the Legacy Foundation is dedicated to assisting organizations sustain their impact in their communities. Recently we implemented the Community Dashboard to assist organizations in identifying opportunities to improve community health. The dashboard can be accessed from our website. GrantWatch, a subscription software program, is also now available to assist organizations seeking grant opportunities. Our Resource Guide, featured in this report, is continuously updated and well utilized in the community.

Looking to the future, I am excited to announce that plans are underway to develop our Legacy Foundation Plaza. Over the next two years we will be constructing an Event Center and a Retreat Facility for our partners to use for educational gatherings and as a venue for fundraisers and other events.

We will keep you up to date on our construction projects.....

I want to take this opportunity to thank all of our nonprofit partners for your contributions to our communities. Despite the challenges of the last two years your perseverance and commitment have been commendable. Thank you all for your resilience and dedication.

To all, I hope you enjoy reading about our Legacy Foundation, our partners and our plans. It is with a great sense of optimism that I look forward to 2023 and the work before us.

A handwritten signature in black ink, appearing to be 'M. P. ...'.



# Legacy Foundation of Southeast Arizona

Promoting Population Health and Community Wellness  
Throughout Southeast Arizona

## RESOURCE GUIDE APP

### Connecting Our Communities



## DOWNLOAD NOW

Access Resources Throughout  
the County; Anytime, Anywhere  
Using the Legacy Foundation's  
Resource Guide App or Website.



[www.legacyfoundationresourceguide.org](http://www.legacyfoundationresourceguide.org)

## Legacy Foundation Resource Guide and App

When in need of resources, one need go no further than to the Legacy Foundation Resource Guide. The Guide has over 400 community resources located throughout Cochise and eastern Santa Cruz Counties. There are 21 different categories of services to choose from, most of which address social determinants of health.

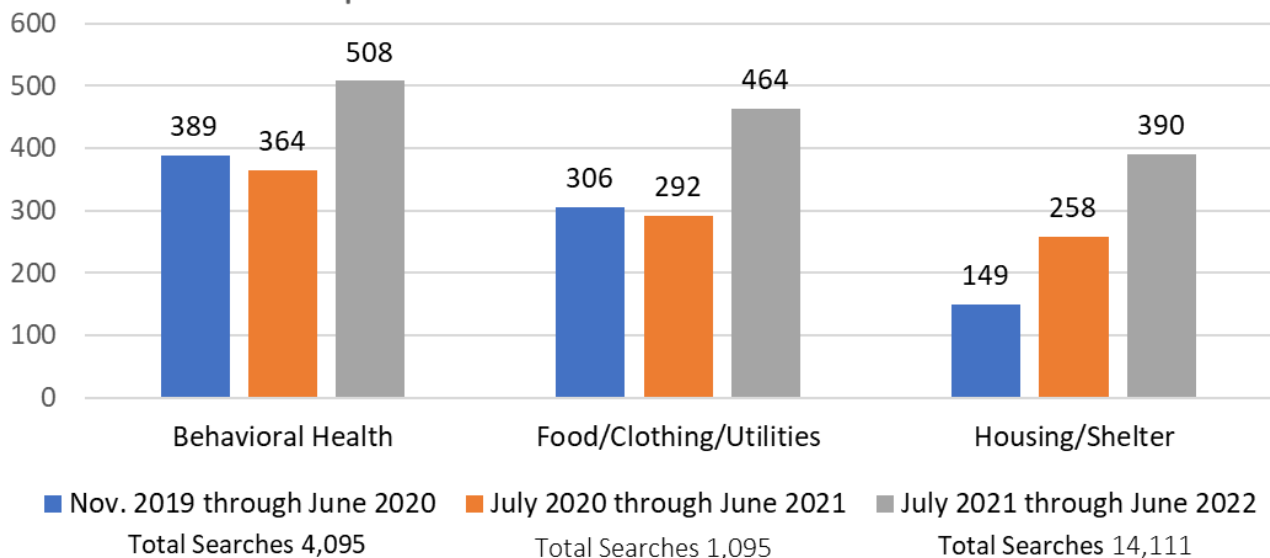
The Legacy Foundation Resource Guide was created through the diligent and meticulous efforts of Susan Richards, Legacy Foundation receptionist and data clerk. Originally in hard copy, it was challenging to keep up-to-date. In November of 2019, the Resource Guide was launched in an e-version on the Legacy Foundation website, LFSAZ.org. In January of 2020, the Guide was released as an App on Google Play and in February it was released in the App Store. Also in January of 2020, the Resource Guide was launched on a Resource Guide kiosk in the lobby of the Sierra Vista Public Library.

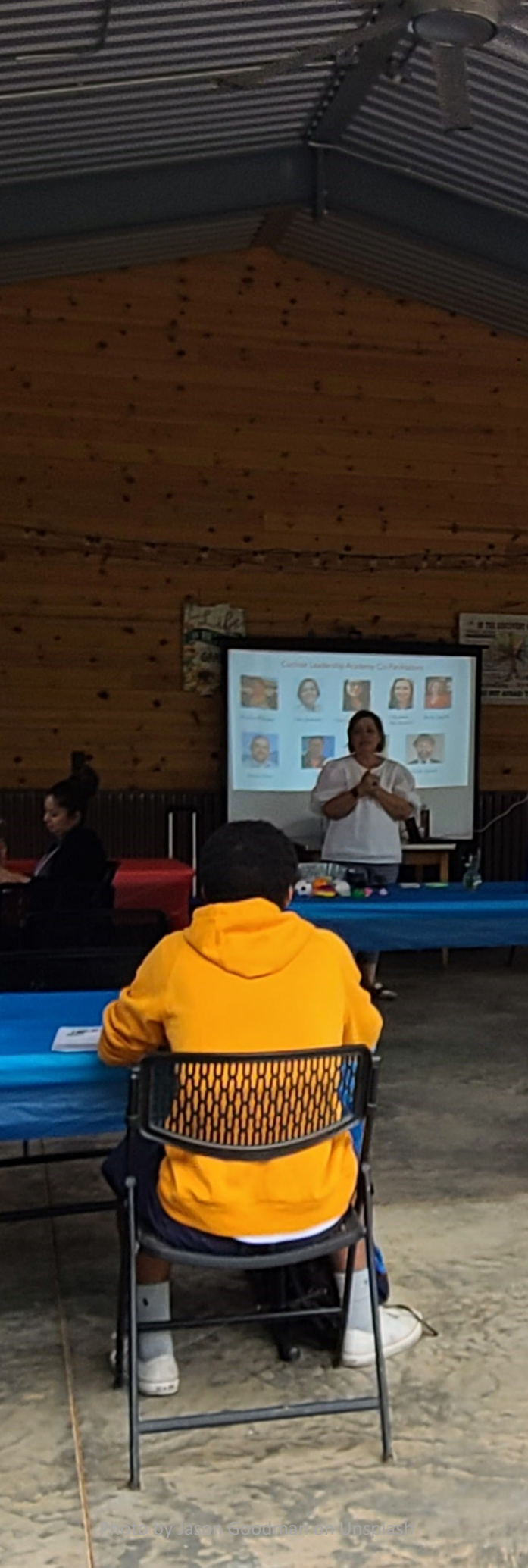
Since its launch, the top three searches have been consistent: behavioral health, food/clothing/utility, and housing/shelter. This data mirrors what we're hearing from our nonprofit partners seeking to meet community needs.

Since the launch of the e-version of the Legacy Foundation Resource Guide, total searches have increased by 71%, searches for behavioral health services have increased by 24%, searches for housing/shelter have increased by 62%, and searches for food/clothing/utilities have increased by 34%.



### Top Three Resource Guide Searches





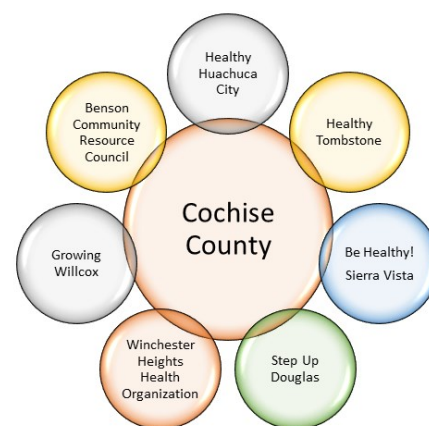
## Building Healthy Communities

Success is not achieved in a silo. There is much to be gained through partnerships, friendships, collaborations, and shared inspirations. Bright ideas, bad ideas, brainstorming, head scratching, and asking, “why” can all be found on a journey to success. It’s a journey of taking more steps forward than backward, with determination, flexibility, and a vision of things being better.

The vision of the Legacy Foundation is: Building a Health and Wellness Model for the Nation. This is definitely a vision of things being better in our communities. But success is not achieved in a silo. So, with this vision in mind, the Legacy Foundation partnered with the University of Arizona Cooperative Extension to encourage healthy eating and active living throughout our communities.

In July of 2018, the University of Arizona Cooperative Extension (UACE) was awarded a Strategic grant for \$2,000,000 for the Building Healthy Communities Project. The project was funded for three years with a fourth year of funding added in July of 2021. With a focus on healthy eating and active living, three main strategies rose to the top: Healthy Community Committees, Cochise Leadership Academy, and Access to Healthy Food.

**Healthy Community Committees (HCC)** are grass-root efforts to improve the health and wellness of a community as determined by the members of that community. Members meet monthly and, with mentoring by the UACE staff, develop strategic plans, action plans, brainstorm, and identify needs within their community. Currently, there are seven active HCCs, four have their own



nonprofit 501(c)(3). A new HCC is convening in St. David. Unfortunately, HCCs in Elfrida, Fort Huachuca, Bisbee, and Hereford have not yet reconvened due to COVID-19. Some of the projects initiated by HCCs include starting a walking club, forming a farmer’s market, holding a community health fair, improved community lighting, improving food access, facilitating a local diaper bank, and healthy eating classes.

## Building Healthy Communities continued

**The Cochise Leadership Academy (CLA)** builds-up emerging grassroots leaders into community change agents through education, mentorship, and networking. Since the start of the grant, 64 leaders have graduated from communities throughout Cochise County. Feedback from graduates indicates that, through the Leadership Academy, leadership skills have improved, collaborative relationships have increased, and there have been advancements in career or community work.

A Leadership Summit was held in April, convening members of HCCs and graduates of the CLA along with other community leaders. Over 100 participants from across Cochise County participated. Topics included collective impact, interactive mapping, behavioral health, food systems, nurturing a community of practice, and a keynote presentation by Natalie Burke from Common Health Action on Equity in the Age of Uncertainty.

Sue Baz attended the 5th CLA in the fall of 2021. She had this to say about her experience:

*I anticipated learning about the principles of community leadership; what I didn't expect was to learn so much about myself. Attending the program has made me a better person. I regret not participating in a program such as this when I was still in the workforce. I know I would have been a more satisfied, productive employee.*

*Ultimately, the biggest takeaway from attendance in the program, is that I finally found my Why. Through work on my personal leadership plan, I realized that so much of what I have found most successful and rewarding in my life has been centered on advocating for others. Among my goals now is to build community engagement.*

*I am pleased and honored to pay it forward by mentoring someone in the upcoming cohort class of 2022 and to co-facilitate a class, as well!*

**Access to Healthy Food** has increased over the last three years through local food pantries and The Emergency Food Assistance Program (TEFAP) distributions. Healthy food, and fruits/vegetables each increased in distribution by 35%. A total of 8 new school pantries were established. Produce on Wheels Without Waste (POWWOW) distributions have increased by 40%.





## Fast Pitch Grants Awarded: \$28,514

The Fast Pitch Grant supports an organization's ability to operate efficiently and build capacity through education such as conferences, webinars, speakers, or training curriculum for staff, board, or volunteers. The purchase of technology and software for use to build internal capacity of the nonprofit organization is also included in the Fast Pitch Grant.

### **Arizona Rangers: \$700**

The Rangers will use the funds for cardiopulmonary resuscitation (CPR) Training. Each Ranger will be certified to administer life-saving CPR.

### **Bisbee Holistic Wellness Center, Inc.: \$2,500**

The grant will provide education on needed strategic planning and team-building with the board and practitioners of the Bisbee Holistic Wellness Center, Inc. (BHCW).

### **Bisbee Restoration Association and Historical Society, Inc.: \$1,010**

The grant will be used to assist with archiving museum contents and recreate exhibits that have been removed for archiving. The funds will ensure that contact with the public is as safe as possible using the Square "contactless" Terminal.

### **Bisbee Science Exploration & Research Center: \$2,500**

The grant will be used to fund travel costs for three representatives from the Bisbee Science Exploration and Research Center, Inc. to attend the Association of Science and Technology Centers Conference in September 2022.

### **Boys and Girls Club of Sierra Vista: \$2,455**

The grant will be used for the education and training of new Resource Development Staff. In order for the organization to be at its strongest, the Resource Development staff need to participate in strong and ongoing training.

### **Douglas ARC: \$2,278**

The grant will be used to replace old computers and provide staff training and education to do their job more efficiently and accurately.



## Fast Pitch Grants continued:

### **Ecotopia: \$2,500**

The grant will be used for a printer that interfaces with MacBook Air 2021, Adobe Pro, GoDaddy Renewal, Mounted prints, Business Cards, Banner and an outside consultant.

### **Love Muziq Operation 13:2: \$2,280**

The grant paid for flights and hotel for four directors to attend a Directors' Meeting in Los Angeles, California.

### **National Alliance on Mental Illness Southeastern Arizona (NAMI): \$2,500**

The grant purchased two laptops and accessories for NAMI on Campus Club to use solely for NAMI business, information, and communications and to provide the classes and materials for the NAMI on Campus officers.

### **Patagonia Regional Times: \$2,500**

The grant will be used for journalist development and training for 18 volunteer writers, QuickBooks Training for Nonprofits for the bookkeeper, and a computer for the ad manager/administrative assistant to assist in graphic design.

### **PMHDC Southwest Medical Aid (PSMA) Internal Technology: \$2,500**

The grant will be used to provide PSMA with an updated inventory database.

### **Willcox Community Food Pantry: \$2,467**

The grant will be used to upgrade current technology resources. Having a desktop computer in each office and one laptop gives the Pantry the ability to communicate via email and use the internet independently of each other. An upgrade to the accounting software will enable the Pantry to use the new features available to keep its records continuously current.

### **Willcox Theater and Arts, Inc.: \$2,324**

Willcox Theater and Arts will engage a consulting firm to restart our capital campaign and conduct an organizational review; purchase a license to research new funders and a laptop for virtual learning and conferences. These are needed to adapt effectively post-COVID-19.



Photo courtesy of Willcox Theater and Arts, Inc.



Photo courtesy of Douglas ARC

## Responsive Grants Awarded: \$60,205

Responsive Grants are given in response to special requests or needs from the communities served. Responsive grants are up to \$5,000 for a one-year project.

### **Bi-National Arts Institute: \$2,920**

El Centro Summer Student Mentoring Program.

The grant will purchase computers as well as a printer, and pay professional tutors from the Naco and Bisbee School Districts to work with youth at the community center 8 hours a week for 8 weeks. The funds will employ one youth to prepare a newsletter each month that can be disseminated to supporters.

### **Bisbee Coalition for the Homeless: \$4,000**

Life-skills Classes for the Homeless.

The grant will purchase the needed audio/video equipment, class resources such as hand-outs, binders, paper, instructional DVDs, instructors (if needed), and computers.

### **Boys and Girls Club of Sierra Vista: \$2,500.**

Get Up, Get Active!

Get Up, Get Active! will upgrade old equipment, sports equipment storage space, and offer affordable sports programming to youth. This grant will help battle child obesity trends by offering better program outcomes and promote and encourage healthy lifestyles for community youth.

### **City of Douglas: \$4,000**

City of Douglas STEM StoryWalk™.

“STEM StoryWalk® -- Science Outside the Walls” will extend the library’s current site-based STEM learning outdoors to 10th Street Park and to create new, interactive, curated learning experiences related to or adjacent to the STEM activities now in place on-site and online. The vision is to make science fun and accessible by moving it outside the traditional bounds of the library.

### **Family Health Care Amigos: \$2,500**

Moving Truck with Lift.

Family Health Care Amigos will purchase a used 20–22-foot light duty moving truck, non-CDL, with a lift. The grant will also cover licensing and insurance for the vehicle.

## Responsive Grants Awarded: continued

### City of Willcox: \$4,000

Keiller Park Fitness Equipment.

The City of Willcox plans to purchase ten different types of fitness equipment designed for outdoor use along the walking path at Keiller Park. The following types of equipment will be purchased: assisted row/push-up, chest/back press, tai chi wheels, plyometrics, squat press, cardio stepper, ab crunch/leg lift, mobility, hand cycler, elliptical, pull-up/dip, balance steps, stretch and parallel bars.

### Douglas ARC: \$4,000

Douglas ARC Feeds Our People.

Douglas ARC is an organization that provides employment to people with developmental disabilities and has for the past 57 years. Douglas ARC cooks and delivers over 1050 meals weekly to over 175 Senior Citizens and the homebound in Douglas, Bisbee, Elfrida, Pirtleville, and McNeal with the Meals on Wheels Program. This grant will purchase a new 3 door stainless steel reach-in freezer creating the opportunity to freeze meats and vegetables received from the Community Food Bank of Southern Arizona. It also provides space to freeze and store meals cooked each week.

### Echoing Hope Ranch: \$2,500

Community Supported Agriculture (CSA).

Grant funds will help cover expenses for materials, farmers market booth space, transportation costs for deliveries, equipment repair and staff. Funds will also help to expand the current produce offered, including purchasing fruit trees for an orchard.

### Ecotopia: \$2,500

Bisbee Bikeways.

Funding will go towards hiring a Project Manager who will continue to advocate for the adoption of the Bisbee Area Mobility Master Plan (BAMMP), help bring the Lavender Pit Pathway feasibility study to implementation, and foster a collaborative partnership with the Sun Corridor Alliance.



Photo courtesy of Family Health Care Amigos



## Responsive Grants Awarded: continued

### **Fry Fire District: \$4,000**

Cochise County CPR Coalition.

The initial funding will go directly into purchasing CPR manikins that provide compression effectiveness indicators, advertising, handouts and personnel cost. With the initial amount, over 1,000 students and 20 instructors will be taught in the first 12 months.

### **Good Neighbor Alliance (GNA): \$2,500**

GNA Vehicle.

This money will be used to purchase a reliable vehicle in order to own the vehicle outright. This will allow the vehicle to be used independent of any one particular program.

### **Healthy Bisbee Inc.: \$4,000**

Increased Food Costs, Supplies, Gas.

Funds will primarily be used to meet increased costs due to rising food prices and the loss of two major sources of food donations. Specifically, Safeway gave 14,160 lbs. of food in 2020 and our local produce provider gave 6,324 pounds of produce in 2020. The cost of gasoline and food related supplies has also increased.

### **Helping Ourselves Pursue Enrichment, Inc. (HOPE, Inc.): \$4,000**

HOPE, Inc. Training & Development Project.

Funds will be used to support development & oversight of HOPE's counseling services in SEAZ. The funds will invest in training staff in a new curriculum (Interweave Wellness Groups), and train 2-3 trainers to sustain the program. Remaining funding will be spent on refreshing outdated curricula.

### **Love Muziq Operation 13:2: \$4,000**

AZ Prep Youth Mentoring Program.

Receiving this grant will provide youth in our community with a one-on-one mentoring and athletic training program. These funds will pay for coaching/referee staff, mentors, and gym facilities where the courts and classrooms are used to operate this program.

## Responsive Grants Awarded: continued

### Sahara Humanitarian Resource Inc.: \$2,500

Stock Our Shelves (SOS).

SAHARA will use the funds to partially stock the Food Pantry. To meet the needs of the community, it costs approximately \$1,250 a month in order to restock the pantry shelves with food, cleaning supplies, toiletries and personal hygiene items.

### Soldier's Best Friend: \$2,500

Service and Therapeutic Companion Dog Training Program.

The Service/Therapeutic Companion Dog Training Program aims to improve the health outcomes of veterans with Post Traumatic Stress (PTS) or Traumatic Brain Injury (TBI) by pairing them with a rescue dog, or dog of their choice, to train over the course of 6-9 months; creating a lasting bond between veteran and service dog that will reduce their symptoms related to PTS/TBI through ongoing training and mentorship.

### Sunsites-Pearce Fire District: \$1,885

It's In The Bag.

Sunsites Pearce Fire District will use the grant funds to purchase 5 emergency medical equipment bags and module cells for each bag. These bags will replace current medical bags that are in decay and in dire need of replacement currently on its ambulances and Emergency Medical Services (EMS) vehicles .

### The Salvation Army: \$2,500

Kid's Virtual Culinary Program.

The Kids Virtual Culinary program provides an online cooking class for low-income Sierra Vista youth. Utilizing fun recipes, nutritious ingredients, and live cooking instruction, classes help kids practice healthy cooking in their own homes. The Salvation Army provides ingredients along with utensils needed for the recipe.

### Volunteer Interfaith Caregiver Program: \$3,400

RideScheduler Software & Mileage Reimbursement.

These funds will support a one-year subscription to an automated web-based scheduling software, RideScheduler, which is an invaluable tool for staff and volunteers to use to maintain and improve services. This funding will also contribute to mileage reimbursement fund for volunteer drivers.



Photo courtesy of The Salvation Army

## Sierra Vista Symphony Children's Concert

The Sierra Vista Symphony was awarded a \$3,000 Responsive Grant in FY21 for a Children's Concert and STEM Experience. Due to COVID-19, the concert was postponed until January 2022.

The Sierra Vista Symphony Orchestra was able to perform for over 550 students, teachers, and parents from schools and homeschool groups. For many children, this concert was the first live performance they have ever attended. The overall theme of feedback received was how peaceful they felt as the music played. One young lady commented that the performance "... was a cloud that took me up to the music world."

Children are not the only ones impacted by the concerts. The concert highlighted the importance of music to both families and friends of the students attending the concert. Between 1,500 and 2,000 friends and family tickets were also purchased to attend the concert.

The Sierra Vista Symphony Association (SVSA) was able to perform the children's concert for 5th and 6th graders in Cochise and eastern Santa Cruz Counties. The Symphony board members were able to give limited music appreciation classes before the concert due to the COVID-19 protocols in effect at the elementary schools. The SVSA was not able to provide STEM workshops because the program was postponed, however it was able to give music appreciation instruction during the Summer school program.

Students were invited to submit artwork in a Children's Concert Art Competition. The artwork at left represents the winners!



1<sup>st</sup> place: Sophie, CAS School



2<sup>nd</sup> place: Dalata, CAS School



3rd Place Bethany, PDS



## Innovative Grants Awarded: \$534,396

Every year the Legacy Foundation of Southeast Arizona funds Innovation Grants for projects up to \$50,000 a year for up to two years (\$100,000 max) that are aligned with the Foundation's mission of *Promoting Population Health and Community Wellness Throughout Southeast Arizona*.

Collaboration and forging partnerships with other community organizations are key determinants in funding decisions. These projects must meet at least one of the innovative criteria as described in the grant guidelines.

### **Arizona's Children Association: \$30,000**

Arizona's Children Association (AzCA)- Staff Education and Training Project.

Funding will deliver evidence-based, best practice training and education in trauma-informed care to AzCA staff, outside Behavioral Health or Human Services professionals also serving children, youth and families in Cochise and Southeast Santa Cruz Counties, and students enrolled in a post-secondary education program related to Human Services or Behavioral Sciences. (Update: Due to closure of the Sierra Vista AzCA office, this grant was fully refunded).

### **Champions for Youth Foundation: \$50,000**

Public Restrooms Designed for Health and Safety.

The grant will assist in funding construction of a new inclusive outdoor restroom-design concept that moves away from gender-designated to universal restrooms. Single-stall restrooms with outdoor durability and touchless technology providing universal services will be constructed. The universal design will not prioritize certain users over others. (Update: due to unforeseen construction issues, this grant was fully refunded. They will considering reapplying in future).

### **City of Douglas: \$96,471**

Airport Park Walking Path LED Solar Lighting.

Douglas' Airport Park, located at the edge of town and adjacent to the historic Douglas Municipal Airport provides scenic views and is heavily utilized by the community. It offers a new baseball stadium, LED lighted soccer fields, exercise stations, a BMX course, and a walking path around the park. Currently, inadequate lighting on an already improved paved walking path limits this park to daylight hours. The proposed new lighting will allow for increased utilization of the facilities.



Photo by Ben White, Unsplash

## Innovative Grants Awarded: continued

### **City of Sierra Vista: \$28,000**

Priority Dispatch ProQA Emergency Police Dispatch.  
Emergency Police Dispatch protocols improve the call-taking process by providing a consistent level of service and by asking key questions unique to each situation ensuring critical safety and time sensitive information is being obtained. This improves scene safety for callers, bystanders and first responders while allowing dispatchers to provide pre-and-post arrival instructions regarding safety and potentially life-saving instructions.

### **Copper Queen Library (City of Bisbee): \$14,000**

Copper Queen Library StoryWalk.  
The Copper Queen Library StoryWalk Project will create three permanent story paths in three Bisbee neighborhoods that will encourage reading and outdoor physical activity. A StoryWalk is an outdoor reading experience whereby a children's book is deconstructed and the pages of the book are laminated and placed in permanent kiosks along a walking trail.

### **Coronado Lobo Club: \$45,000**

Project Lobo Strides - Rubberized Sports Track.  
Project Lobo Strides will replace the existing dirt track at its school with a new rubberized track and implement a community walking program. As a result of COVID-19, family engagement decreased. Project Lobo Strides will welcome community families back; encourage family and school community-building around shared physical activity while providing incentives for milestones met and providing physical and mental wellness education. This project promotes healthy lifestyles and builds community.

### **Good Neighbors Alliance - \$96,000**

Good Neighbor Alliance (GNA) Day Program.  
GNA currently opens its doors to guests from 5:00 PM until 7:30 AM the following morning, except for the shower/laundry program for our non-guests 3 days per week. GNA is proposing allowing the guests that choose to, to stay during the day to avoid wandering the streets and exposure to the elements. Guests will be invited to participate in a variety of structured learning and experiential activities designed to increase their soft skills and reach personalized goals.



## Innovative Grants continued:

### **Huachuca City Community Garden, Inc.: \$44,725**

Teaching Wellness in a Community Garden Park.

This grant will assist in the complete development of the Teaching Garden for children where they will learn to garden, and learn with Science, Technology, Engineering, and Mathematics (STEM) projects what controls the growth of plants. With healthcare partners, trained dietitian nutritionists, and videographers, interactive workshops and videos for children and adults will be developed to teach healthy eating and a healthier lifestyle for a vibrant community.

### **Love Muziq Operation 13:2: \$50,000**

AZ Prep Community Gymnasium.

This funding will be used for the construction/supply costs of an indoor basketball gym to be added onto the land behind the AZ Prep Youth Center. The center focuses on Arts, Academics, and Athletics. The center provides a safe place for high school students to do homework or participate in any of its ongoing activities. AZ Prep Youth Center does not currently have a gym to facilitate this athletic program.

### **Mentoring Cochise Kids: \$30,200**

Save our Students: School Mentoring Program for Youth.

Mentoring Cochise Kids (MCK) is excited to begin a new initiative called "Save our Students". Children in single parent homes and other disadvantaged situations are the focus of this innovative program. Collaboration with the School Districts in Cochise County as well as with many children advocates will ensure success of this new and exciting endeavor.

### **Willcox Theater and Arts, Inc.: \$50,000**

Community Cohesion Through Arts & Culture.

Willcox Theater and Arts, Inc. will expand both the number and types of creative programs to support residents' varied interests, serve more people, and increase focus on youth and seniors. By adding approximately 5,200 square feet of creative studio space behind the existing buildings, seniors and youth in particular will benefit from both expanded and new programs. Mental and physical health benefits are achieved by reducing social isolation, building life skills through creative activities, and mental stimulation.



Photo courtesy of Huachuca City Community Garden



## Good Neighbor Alliance Day Program

Good Neighbor Alliance (GNA) is the only homeless shelter in Sierra Vista. Besides warm beds to sleep in, they offer meals, showers, case management, and a Projects for Assistance in Transition from Homelessness (PATH) Program for individuals and families. They provide persons with supportive services and help them work toward achieving economic and social independence.

In January of 2022, GNA was the recipient of an Innovative Grant in the amount of \$96,000. The award funds a Day Program that eliminates the need for the guests to leave the shelter during the day. Guests, who only had access to the shelter between 5:00 PM and 7:30 AM, can now choose to stay throughout the day and participate in skills training. The program provides structured learning and experiential activities designed to increase soft skills and help guests achieve personalized goals. Training in literacy and achieving a General Educational Development (GED) certification are in the works as the program evolves. A workshop in gardening is also pending.

Currently, six months into a two year program, some delays have occurred due to delays in construction, turnover of staff, and challenges recruiting volunteers to assist in the training. Nevertheless, the program is progressing.

Over 78 guests have attended classes in:

- Housing and How To Look For It
- Employment Searching
- Depression Awareness
- Anger Management
- Daily Living Skill
- How to transition from homelessness to your own place
- Uplifting Yourself
- Self-Care
- What is Mental Health
- Anxiety



## Strategic Grants Awarded: \$2,844,289

Strategic Grants are based on a strategic focus determined by the Legacy Foundation Board of Directors. Through a Request For Proposal (RFP) process, community organizations offering those services are invited to apply for funding. Because partnerships are so critical to success, organizations are encouraged to submit applications that reflect collaboration with other organizations.

Beginning in FY2022, the Legacy Foundation's strategic focus is Behavioral Health Services (mental health, substance abuse).

The Legacy Foundation places great value on collaboration and community partnerships. To this end, the Foundation has worked closely with diverse organizations to identify specific behavioral health needs in the communities it serves. A consultant was engaged to identify gaps and specific needs in behavioral health services. This investigatory work identified several areas of interest and funding opportunities for the Legacy Foundation.

The Legacy Foundation of Southeast Arizona solicited proposals from non-profit organizations providing behavioral health services in Cochise and eastern Santa Cruz counties.

The following areas of special interest were identified by the Board as critical components of the RFP:

- Crisis intervention training including first responders and trauma response providers.
- School counseling services including Student Assistance Programs and a county mental health consortium.
- Support for existing Behavioral Health support organizations.
- Workforce development including training programs for Behavioral Health workers.
- Support for Alzheimer's services.
- Support for the county jail and programs offered for incarcerated individuals and to decrease recidivism rates.

The Legacy Foundation believes peer support is an important component of any proposal.

The grant is awarded over 3 years.

The recipients of the FY2022 Strategic Grant are:

**Chiricahua Community Health Centers, Inc.**

**Cochise College**

**Cochise County Sheriff's Office**

**La Frontera/SEABHS**

## Strategic Grants continued

### Chiricahua Community Health Centers, Inc. (CCHCI) - \$280,000

#### CCHCI's Behavioral Health Services Program Expansion

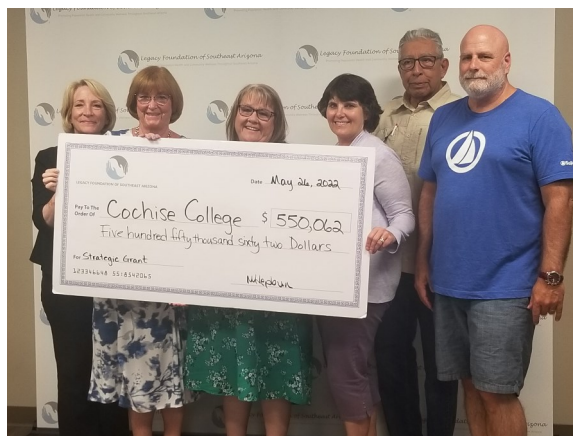
Through Strategic Grant funding, CCHCI will renovate suites C240, A260, and B150 located at 77 Calle Portal, Sierra Vista, to be a dedicated outpatient behavioral health service area. With the oversight of an experienced architect, the suites will be designed by current CCHCI Behavioral Health Professionals to ensure the layout creates an efficient environment that inherently fosters the workflow, collaboration, and communication ideal to provide behavioral health services at the highest possible standard of care. The office space will double CCHCI's staffing space from eight to sixteen offices, expanding capacity to hire an additional five behavioral health staff (three counselors and two case managers). In addition to the increased staff, the office will also provide large meeting rooms to enable the facilitation of support groups and group counseling sessions. A dedicated Behavioral Health Department will provide patients 4,530 square feet of space specifically designated and designed to their mental health needs.



### Cochise College - \$550,062

#### Cochise College Basic Behavioral Health Certification Program

With the strategic grant, Cochise College is creating a Behavioral Health Sciences Certification program. The program will create classes that result in certification as a Behavioral Health Tech, a position that will help fill the workforce gap. The Behavioral Tech program will be open to anyone interested in starting a career in behavioral health.



## Strategic Grants continued

### La Frontera/SEABHS: \$750,778

#### Cochise County Service Expansion Project

Expanding behavioral health services in Cochise County is La Frontera's goal with the strategic funds. Expansion includes increased capacity for transitional housing, particularly for those with behavioral health issues who are homeless or being discharged from jail. Capacity will increase from 19 beds to 35 beds. Funding includes creating a commercial kitchen for the transitional housing program. The transitional housing expansion is located in Benson.

Additionally, the grant will be used toward the development of 40 residential substance abuse treatment beds. The treatment facility will also house a 24-hour drop-off, particularly for law enforcement, and an observation unit. The observation unit will assist in the diversion of individuals with behavioral health issues from unnecessary incarceration. These services are all located in Sierra Vista but serve Cochise County.



### Cochise County Sheriff's Office: \$1,263,449

#### Cochise County Mental Health Support Team Project

This project recruits 4 behavioral health professionals to work from within the Sheriff's Office as the Cochise County Mental Health Support Team (MHST). Members of the MHST will be trained in Crisis Intervention Techniques and will respond to crisis calls. The MHST will support school counseling services, other mental health programs, and the county jail to reduce recidivism. Additionally, the MHST will create multi-level peer support and mental health wellness programs. The MHST covers all of Cochise County.





## COVID-19 Recovery Grants Awarded: \$81,867

The Legacy Foundation offered COVID-19 Recovery Grants to help organizations regain and rebuild capacity lost due to the impact of COVID-19 on their organization.

Benson Community Food Pantry: \$5,000

Bisbee Boys and Girls Club: \$4,000

Bisbee Coalition for the Homeless: \$5,000

Catholic Community Services: \$5,000

Christian House Fellowship: \$4,617

Copper Queen Community Hospital Foundation: \$5,000

Desert Rose Sober Living: \$5,000

Douglas ARC: \$2,000

Good Neighbors Alliance: \$5,000

Love Muziq Operation 13:2: \$3,500

National Alliance on Mental Illness of Southeast AZ: \$4,000

Salvation Army, Sierra Vista Corps.: \$5,000

Senior Citizens of Patagonia: \$3,750

Sierra Vista Dream Center: \$2,500

Sierra Vista Symphony: \$2,500

St. Vincent de Paul St. Andrew's Conference: \$10,000

Willcox Community Food Pantry: \$10,000

## Diversity, Equity, Inclusion Grants Awarded: \$4,000

The Legacy Foundation of Southeast Arizona offers \$1,000 capacity building grants to nonprofit organizations for the purpose of obtaining Diversity, Equity, and Inclusion (DEI) training for their staff, Board, and volunteers.

Girl Scouts of Southern Arizona: \$1,000

Good Neighbors Alliance: \$1,000

National Alliance on Mental Illness: \$1,000

Sierra Housing Coalition: \$1,000

## Sponsorships Awarded: \$45,669

Bisbee Coalition for the Homeless: \$1,000  
Boys and Girls Club of Bisbee: \$1,000  
Buffalo Troopers Motorcycles: \$1,000  
Canelo Cowboy Church: \$1,000  
City of Willcox: \$1,000  
Cochise County Sheriff's Assist Team: \$6,000  
Copper Queen Community Hospital Foundation: \$1,000  
Easterseals Blake Foundation: \$2,000  
Family Health Care Amigos: \$419  
Festival Of Trees: \$150  
Friends of Cave Creek Canyon: \$1,500  
Girl Scouts of Southern AZ: \$1,000  
Good Neighbor Alliance: \$1,000  
Healthy Tombstone: \$1,000  
Hummingbird Stitches Quilt Guild: \$1,000  
Love Musiq Operation 13:2: \$2,000  
Mentoring Cochise Kids: \$2,000  
National Alliance for Mental Illness of Southeast AZ: \$1,000  
Northern Cochise Community Hospital: \$500  
Operation Toothbrush for Homeless Veterans: \$1,000  
Parents of Addicted Loved Ones: \$1,500  
Patagonia Sonoita Rotary Club Foundation: \$1,000  
Peach's Pantry: \$1,000  
Rock Your Community: \$1,000  
Ronald McDonald House Charities: \$1,000  
Roots and Roads Foundation: \$1,000  
Sierra Vista Dream Center: \$1,000  
Sierra Vista Boys and Girls Club: \$2,000  
Sierra Vista Chamber of Commerce: \$250  
Sierra Vista Parents Coalition: \$850  
Sierra Vista Rotary Club: \$1,000  
State of Arizona Early Childhood Development and Health Board (First Things First): \$1,000  
The Amerind Foundation: \$1,000  
The Huachucans: \$1,000  
The Salvation Army, Sierra Vista Corps.: \$500  
Town of Huachuca City: \$2,000  
U of A South Foundation: \$1,000  
Willcox Theater and Arts, Inc.: \$1,000

Dear Legacy Foundation,

I am writing to say thank you so very much for the two grants you gave us for Summer Splash camp and our Back to School event. Both events were super successful, in part because of your grants. We were able to help 5 children with full scholarships attend the camp, and we also were able to purchase much needed supplies for the 8 week program. We gave out 198 backpacks filled with much needed school supplies at our Back to School event. We could not have held these programs without your help.

Stephanie Fulton

Director of Library and Community Services  
Town of Huachuca City



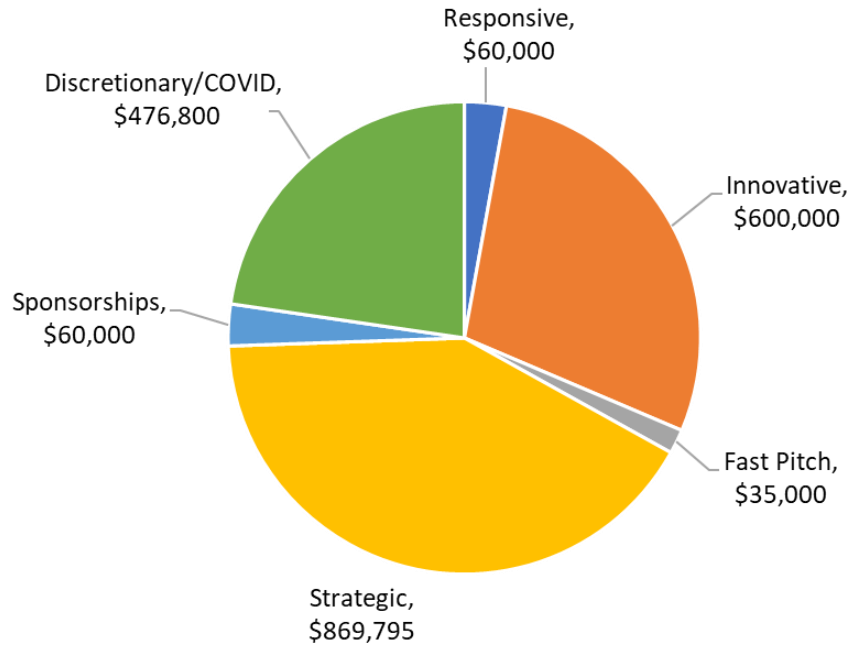
Photo courtesy of Town of Huachuca City

# FY2022 Audited Financial Report (July 1, 2021—June 30, 2022)

## REVENUES

Residual Business, Net  
 Investment Activity, Net  
 Other  
 Total Revenue

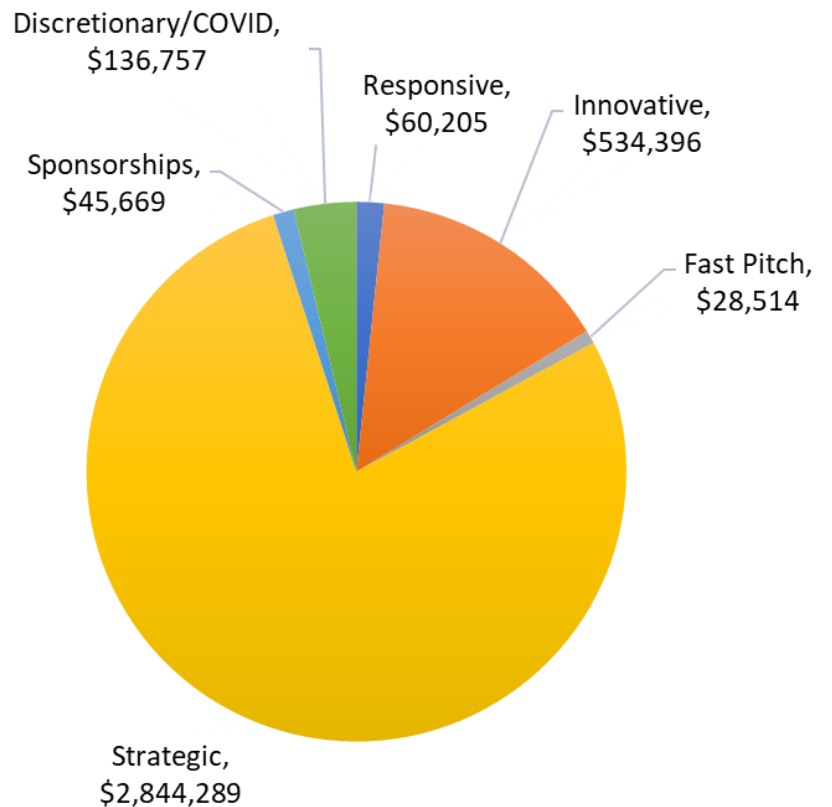
## Grants Budget



## EXPENSES

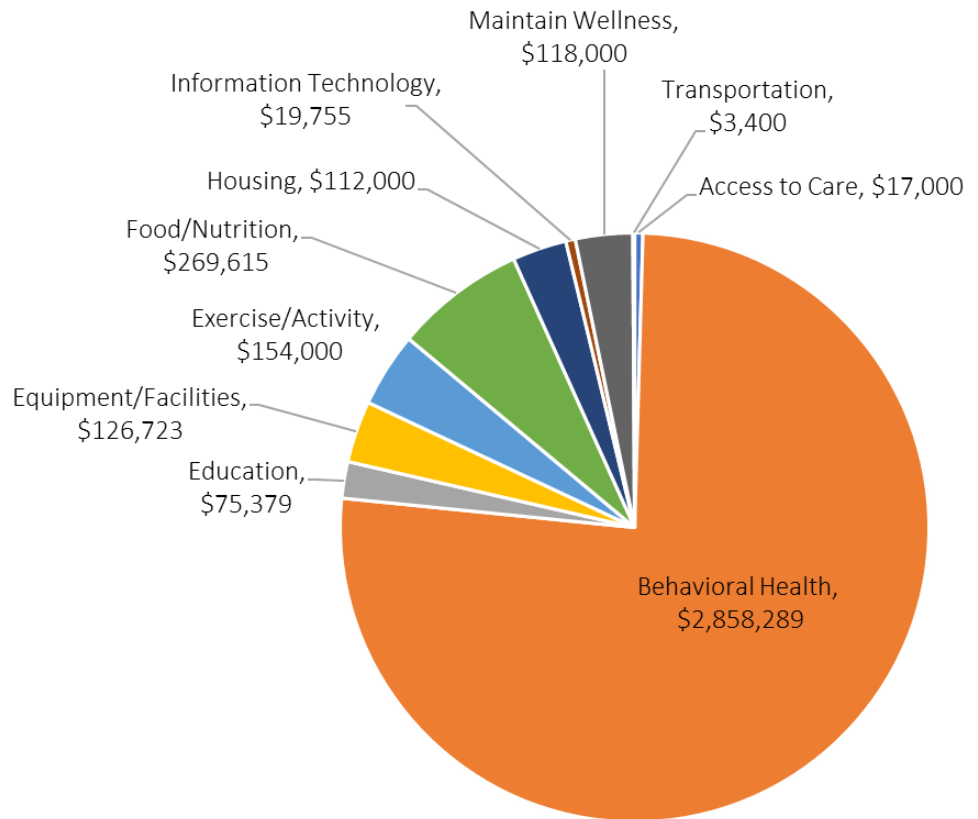
Grants  
 Sponsorships  
 Community Education  
 Other Expenses  
 (3% of Total Assets)  
 Total Expenses

## Grants Paid and Committed

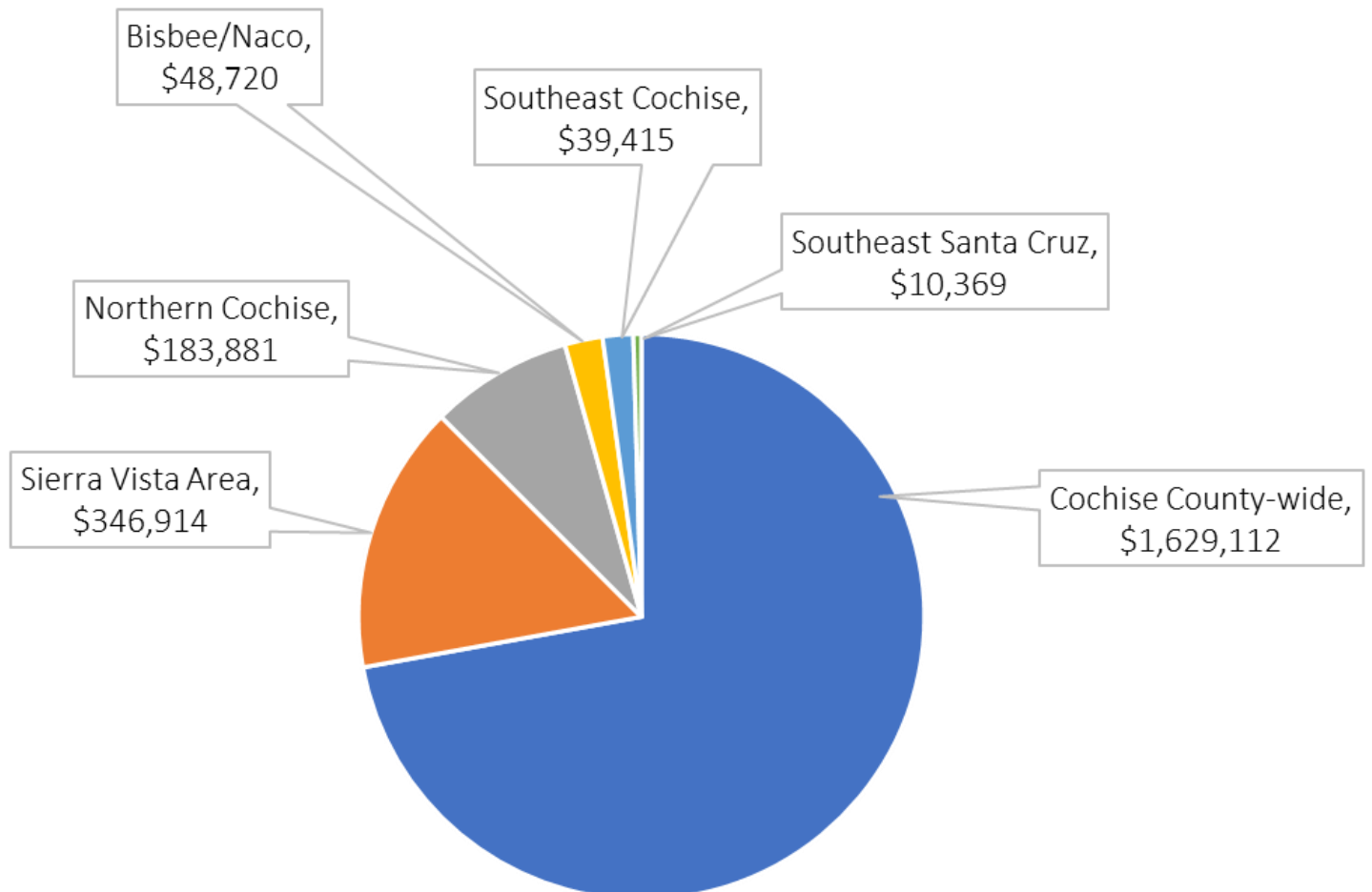




## Grants by Category



## Grants by Location





*In the voice of a nonprofit: written by Fred Torralba and Nell Worden, Willcox Community Food Pantry.*

### **No One is Turned Away at the Willcox Community Food Pantry**

The Willcox Community Food Pantry (WCFP) provides food staples for anyone in need within the City of Willcox and surrounding areas. We have a food distribution drive every week on Monday throughout the year. We also distribute to the local schools every Tuesday. We distribute monthly Emergency Food Boxes for all individuals that require food staples with immediate need. Upwards of 800 Complete Turkey Dinners are distributed during the Holiday Season. Our Pantry is managed and staffed by an all-volunteer workforce. Nell, pictured on the food line at left, is the Director of the Willcox Community Food Pantry and has been providing her leadership to the Pantry for the past 16 years.

The Pantry's weekly food distribution, over the past 1½ years, has provided an increased need from serving 2,160 to 4,800 individual family members on a monthly basis. We deliver to the Willcox Elementary, Middle, and High schools approximately 2,288 food backpacks over 44 weeks of the school year. We also deliver protein food snacks to all Willcox schools and to the Bowie school district. Our Emergency Box program has increased from 80 to 140 boxes per month. The number of Complete Turkey dinners that we have provided increased from 600 to 800, and this year we will be preparing for approximately 1,200 for the upcoming holiday season.

Our food distribution starts at 8:00 AM, but individuals start lining up at approximately 6:30 AM. The staff sets up individual food stations that contain a variety of different items and a volunteer is assigned to place that item into the individual's vehicle. Persons without vehicles can also participate through the line, as a walk through. Our staff starts setting up the distribution line at 6:00 AM. We continue the distribution until 11:00 AM, but our work is not over. At the end of the distribution, the staff will have to breakdown everything and store all materials back in their place, this can take from 1 to 2 hours.

Throughout the week the Willcox Community Food Pantry picks up donations from local grocery establishments. The Pantry also purchases food and picks up food from retail stores throughout southern Arizona to include Safford, Tucson, and Benson. Most of the food that the Pantry distributes comes from donations, but many times the Pantry has to purchase food that donations don't cover.

The Willcox Community Food Pantry not only provides food for people, but also animals and pets. Dog and cat food is given away when available for distribution. Also, non-edible produce is given away, on a first-come first-serve basis, for livestock.

## No One is Turned Away at the Willcox Community Food Pantry

(continued)

Food Facts:

We received a phone call from the secretary of the elementary school requesting help for a family. A child who attended the school had walked to school that morning and when the secretary offered her food, she asked that they not tell her brothers, because they didn't have food either. The secretary knew she could reach out to the Willcox Community Food Pantry for assistance. That day an emergency food box was put together. The secretary assisted me in going to the family's house. When I delivered the emergency box to the family, they were incredibly grateful. The young girl said, "all of that is for us?" The fact that the community knows they can reach out to the Willcox Community Food Pantry to assist the hungry, especially hungry children, is a testament to what the pantry does for the community.

A mother and her child pulled up to the Willcox Food Pantry parking lot and came in to request a food box for the family. We gathered together a few items to include bread, milk, vegetables, fruits, and an emergency food box. As we were loading the items into her vehicle, we met with and greeted her small child. The child was totally overwhelmed with the items that we were loading and expressed "we don't have anything to eat at home".

On another occasion, we received a call from the City of Willcox by one of the City Council Members that an individual was in need of Emergency Food, but did not have any transportation. We were able to prepare a box with some additional items and the City Council member along with one of the volunteers delivered the items to the individual. The individual was situated in a temporary residence consisting of an RV travel trailer. The individual couldn't believe that we were able to get to him so soon.

At the end of the day, Nell comments:

"It makes me feel very blessed that I can help people, and that I know they're appreciative," she said. "I see a lot of tears; I hear a lot of thank you's and I see a lot of people that want to duck their heads. I feel like I am in a position to do what I'm called to do, and that is to take care of our community and see that no one goes hungry."



Photo courtesy of Willcox Food Pantry



Photo by [Marvin Meyer](#) on [Unsplash](#)

## Legacy Foundation Offers Technical Support

Many nonprofit partners are staffed solely by volunteers. Others have a small staff, each of which wear many hats. Day-to-day operations can be all-consuming, leaving little time for training and development.

With capacity building as one of its priorities, the Legacy Foundation provides a variety of capacity building options to its nonprofit partners. All training and support is offered at no cost to nonprofit organizations. For more information on any of these resources, email [info@lfsaz.org](mailto:info@lfsaz.org) or call 520-335-6015.

**Networking Sessions:** Offered the third Friday of every month. Education topics include fundraising, strategic planning, marketing, finance, and more.

**Technical Support:** Offered in-person, one-on-one support is provided monthly by subject-matter-experts in grant writing and research, finance and budgeting, or board governance. Nonprofit organizations are invited to schedule a time to sit down with an expert to ask questions, seek guidance, and gain valuable knowledge. One recipient of technical support commented:

*“All in all, I found the program to be immensely beneficial. Mostly, it was just nice to have a few local resources that can help when it comes to these sort of things and to network, bounce some things off of, and get some feedback. In that regard, considered it very successful”.*

**Grant Search:** GrantWatch, a grants database, is available to nonprofits without a subscription fee. Nonprofit organizations are invited to schedule a time to access GrantWatch from the Legacy Foundation Outreach Center.

**Community Dashboard:** In collaboration with MySidewalk, the Community Dashboard offers data that is detailed, reliable, and frequently updated. Nonprofits can use the Community Dashboard to incorporate data into their grant applications, learn local statistics, or create data-driven goals.

**Resource Guide:** See page 5. Recently, the Legacy Foundation received a phone call from a woman looking for housing for an elderly relative relocating from out of town. She needed low income senior housing and had no idea where to begin. She was referred to the Resource Guide section on housing. After reviewing the information, she felt hopeful and was grateful for the information.

## Fondly Remembering Ruth Britton

The Legacy Foundation lost a true gem with the sudden passing of Board Director Ruth Britton in April of 2022. Ruth, an early director of the Legacy Foundation Board of Trustees served previously on the Foundation Board of Sierra Vista Regional Health Center.

Dedicated to serving her community, Ruth retired from Cochise College, Douglas campus as a reading teacher, was the reading department chairperson, and an emeritus faculty member. She was deeply dedicated to her students. That care and compassion for youth and students carried into her role as a member of the Philanthropy Committee of the Legacy Foundation.

Margaret Hepburn, CEO of the Legacy Foundation, commented, "Ruth served as a Board Director on the Sierra Vista Regional Health Center Foundation Board and then on the Legacy Foundation of Southeast Arizona Board for more than 16 years; she was the quintessential Board Director. Ruth was always deeply committed, community focused, outcome oriented, kind, respectful and our much respected word-maven. The Legacy Foundation has lost an amazing mentor, community advocate, leader and an individual who was always there when needed. We honor, love and miss Ruth, a true community treasure."



Ruth and Joe Britton at the Huachucans Fundraiser



Cochise College Hall of Fame Inductee



Ruth, Dr. Lanny Kope, and Dr. Joanna Michelich at the dedication of the Legacy Foundation Dining Room at the Salvation Army.

## Board of Directors



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**Chair**  
Staff Software Engineer,  
Sailpoint Technologies  
U.S. Army (Ret.)



**Mark H. Savage, JD**  
**Vice-Chair**  
Fire Chief,  
Fry Fire District



**Andrea Ruble, FNP-BC**  
**Secretary**  
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Canyon Vista Medical Center



**Margaret Hepburn, RN, MS,**  
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**Chief Executive Officer**



**Alexandra Boneo**  
Owner,  
Blueberry Cafe



**Ruth Britton**  
Department Chair and  
Reading Instructor,  
Cochise College, (Ret.)



**Joe Delgado**  
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**CCHC, CDE**  
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NDMA Trauma Team



**Sharon Reynolds**  
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Wellness Connections,  
(Ret.)



**Devyn Thurber,**  
**MSN, MPH, PPCNP-BC**  
Chiricahua Community  
Health Centers, Inc.



**Lana Tompkins-Stutzman**  
BNL Skill Builders



**Robert White**  
U.S. Army (Ret.)

## Legacy Foundation Staff



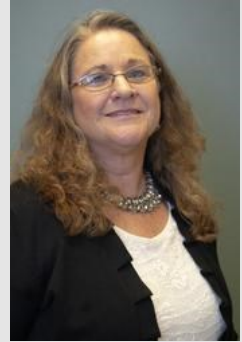
**Margaret Hepburn,**  
RN, MS, FACHE,  
Chief Executive Officer



**Becky Smyth,**  
MSN, RN, FCN,  
Grants Manager



**Barbara Nichols**  
Administrative Assistant



**Susan Richards**  
Receptionist,  
Data Clerk





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Sierra Vista, AZ 85636*